

## A/B/Q SCENARIOS

These scenarios each have 3 roles: A & B (who are in disagreement with each other), and Q (who is trying to help). Based in typical community living situations, some take place at meetings and some not. They can be worked with in a number of ways:

- 1) Do as a demonstration, roleplay as part of a workshop or training
- 2) Print out packets, split into small groups with each group practicing one or more roleplays on their own
- 3) Ring bell periodically to switch roles, and/or use to practice reflective listening

A lives off-site and has their unit rented out. B just sent a flamey message to the community email list complaining about A, saying that the tenants are not fulfilling their responsibilities. A saw the email and got upset. A happens to be back visiting a few days later and confronts B on the path. Q is walking by at the same moment and gets involved in their conversation.

The community has been working on its participation policy for months, and seems polarized into two camps: those (such as A) who want an organized system of tracking hours that holds members accountable, vs. those (including B) who think if you post a list of what needs doing and basically trust people, it'll all work out fine. The first group thinks that the second group is hopelessly naive, while the second group thinks the first is way too uptight. When the community meeting got stuck, they decided to send it to committee. Q is facilitating the committee meeting, with A & B both present.

You're at a meeting of all the community parents. The meeting was called because there have been tensions coming up around different parenting styles: some parents give their kids more freedom to run around and do their own thing, while others keep close tabs; some parents allow tv while others don't, and it's the same for junk food, and so on. A is one of the parents who is more loose, while B is more careful. Q is another one of the parents and/or is facilitating the meeting.

Ever since the group moved in, there have been problems with noise in the dining room at mealtimes. In particular, the sound of the kids' voices seems to drive up the overall volume, to the point where people who are more sensitive or have hearing problems have trouble staying present in a conversation. As a result, their participation in common meals has been starting to drop off, and people are concerned about losing cohesiveness in the community. While sitting down together at a meal, A starts complaining about this to Q, when B (who is the parent of a young and sometimes loud child) joins their table.

You are attending a coordinating committee meeting that is setting the agenda for the next community meeting. A really thinks the group should revisit its mission statement and do a bunch of work around visioning. They think that many of the other disagreements that come up really relate back to this. B is not into this idea, they think that rewriting the vision documents would be a frustrating process, take a lot of time, and probably not leave the community any better off. Q is present at the meeting and possibly facilitating.

A is present at community meeting and complaining that "someone" left the main kitchen a mess last week, "again." Most people know that B is the person being referred to, and B is probably less than thrilled about having the subject presented this way. Q is facilitating the meeting.